



A Proven Employee Wellness Program That Compliments Your Clients Benefit Package

- Reduction in medical, pharmaceutical costs & sick days.
- Saving employers money & allowing them to continue to offer benefits.
- Employers will change their health insurance carrier every 3-5 years. By having a standalone wellness offering the employees will not lose their program when the employer group changes health insurance carriers.
- Most employer groups receive a strong ROI.

Provide a program that will help improve employee's health...

- reduction in Average BMI*
- reduction in total Cholesterol*
- **The My Wellchoice+ GetFit-Customized fitness plan-, EatFit-Personalized Nutrition Plan & LiveFit- Self-improvement plan, provides members with a plan for every stage of their life. A history backed by 28 million members.**
- **Our TeenFit & KidFit plans help develop healthy behaviors in children under the age of 18.**
- **Members accumulate points to earn rewards.**
- **Members have access to their own trainer, nutritionist & Life Skills Coach 24/7 via email.**
- **Optional Tobacco Cessation Program.**
- **Optional Bio-Metric Blood Testing with confidential employee report and employer global report (for groups with 50 or more employees).**
- **National Discount Gym Memberships & Discount Exercise Equipment Purchases Included.**
- **The employee's My Wellchoice+ online wellness program is portable.**

Help your business grow

- **The My Wellchoice+ program helps to open more doors for future business**
- **Will help retain your current client base**
- **Enhances your image to your clients by showing "That you Care"**
- **Earn additional compensation**

For additional details call Scott Leavitt or Nancy Dodder 866-719-WELL (9355), or go to:

www.mywellchoiceplus.com

